

Goals

- WARNING: You may not care about this!!
 - Interesting
 - Learn things (you will never use)
 - Why would someone do things like this?

Just like the rest of the retreat.



What is Backpack Photography?

- You sleep on the ground
- It can be cold / hot / mosquitos / raining
- No shower for days
- Things may break. You may break.
 - ► Ask me about my hernia...or not.
- Opportunistic photography
 - ► If you can get the shot great otherwise hike on.
- No porter carries your stuff.





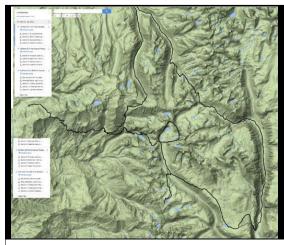


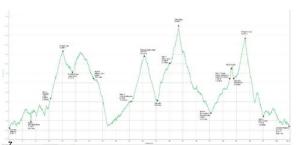


Outline

- · Hike?
- What you bring
- PHOTOS!

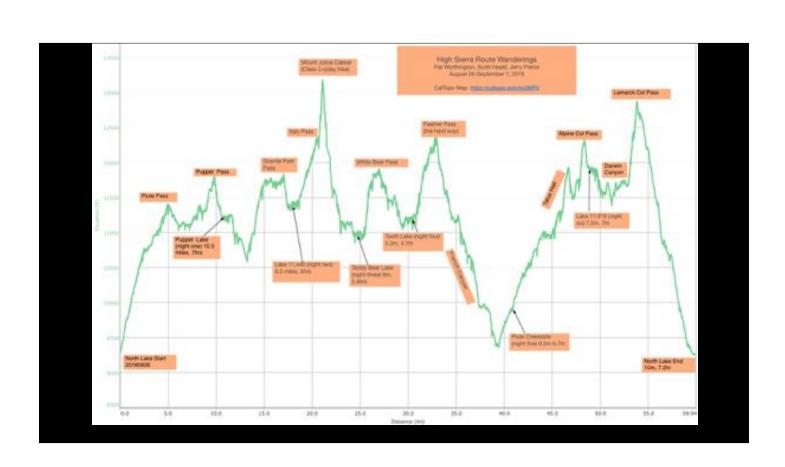
Taking, Storing & Sharing





Jerry's Typical Hike

- 4-9 days on / off trail
- High Sierra
 - Sleep most nights above 10K feet
- 5-8 hours per day hiking
- 2-4K feet elevation change/day
- - more fun and safer



What You Bring - It's all about the weight...

Every Ounce Counts...

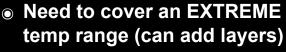
Overview

- Clothing
- Food, water, cooking, sleeping
- Electronics and camera



• EVERYTHING is considered multiple times...

Clothing
On Body 35°F to 100°F (2°/38°C)



- NO SHORTSLEEVE SHIRT
 - A shirt is cooler than skin
 - Protects from sun
- Zip off pants
 - Shows off cute legs for ontrail style
- Phone is for navigation

	Grams	Pounds
Hat (and leash)	66	0.15
Buff	36	0.08
Long sleeve shirt	268	0.59
undies	75	0.17
zip off pants	496	1.09
Hiking Gloves	21	0.05
Dirty Girl Gators	40	0.09
Socks	65	0.14
High top hiking shoes	1,500	3.31
Hiking Poles (with Duct Tape and Lucco tape)	485	1.07
Progressive Glasses	11	0.02
iPhoneX	215	0.47
Watch	91	0.20
Total	3,369	7.44



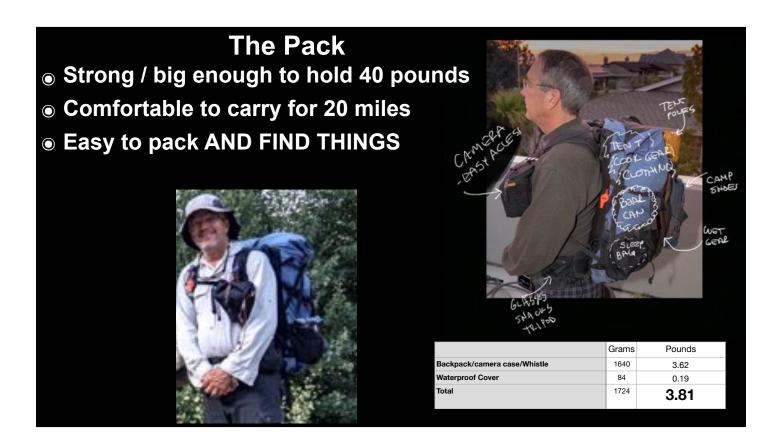


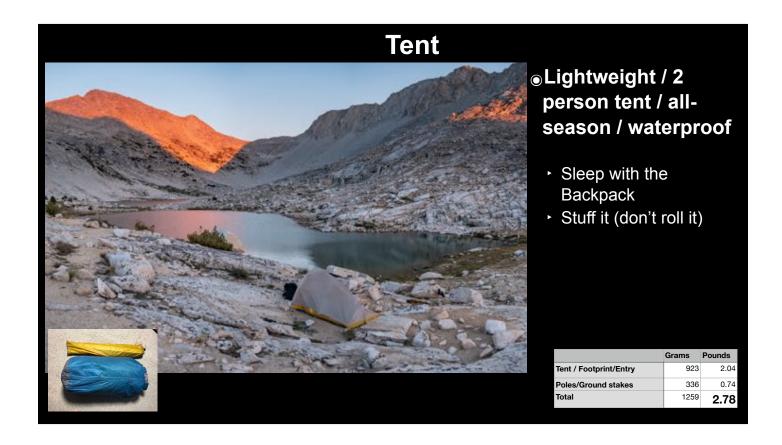
Clothing - In Pack 25° to 100°F (-4°/38°C)

- Layers for rain
- In-camp warmth
 - you are generally warm when hiking
- 8 days on trail.

	Grams	Pounds
Skull Cap	16	0.04
Base Hoodie (smartwool)	286	0.63
Down Jacket	376	0.83
Waterproof Shell	186	0.41
Gloves	40	0.09
Undies (1)	75	0.17
Long underware	235	0.52
Hiking socks	65	0.14
Camp socks	43	0.09
Crocks (water shoes/ in camp)	351	0.77
Packing bags	60	0.13
Rain Kilt	81	0.18
Total	1814	4.00







Sleeping Bag and Air Mattress

- Insulated Air Mattress (LIFESAVER!!)
 - · Air Mattress is PART of sleeping bag can't roll off!
 - Current generation is good enough to sleep on side
- Down jacket stuffed to feet for added warmth
- Good to 20°F (-7°C)
- Waterproof stuff sack
 - ► In case of rain /wet backpack



	Grams	Pounds
Sleeping Bag and stuff sack	1278	2.82
Air mattress	484	1.07
Total	1762	3.89

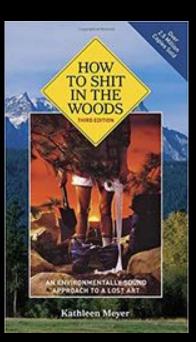
Water On Trail

- Water on the trail extremely important
 - 4 miles/liter (Your mileage may vary)
- Water HEAVY (2.2 pounds/liter)
- Plan each day to see where water on trail plan on filtering during hike





	Grams	Pounds
Water Bag and tube	165	0.36
Smart Water	46	0.10
Sawyer Filter	92	0.20
Total	303	0.67



Taking Care of Business

- Dig Cat-hole
 - ► 6" deep IN ROCKS or ROOTS
- Squat (aim) and try not to splash
- No paper left behind
 - Used paper in plastic bag
- How much TP do you need for 8 days?
 - Minimum 4 squares per "sitting"
 - ► Plan on 2 sittings a day (assuming not sick) and bring 2x. 128 TP squares.



Toiletries	Gram	Pounds
Toilet Paper, Spade, Black Bag, Hand Sanitizer	111	0.25





Personal Stuff

	Cirains	rounds
Lighter	18	0.04
Knife/Leatherman	22	0.05
Reading Glasses	20	0.04
Sitting pad	31	0.07
Clothes Line	26	0.06
Bug Hat	23	0.05
Compass	72	0.16
Maps	18	0.04
\$\$ / Driver's license	14	0.03
Pens/Paper/Lens cleaner	31	0.07
Towel	45	0.10
Dark Glasses (and case)	86	0.19
Total	406	0.90



Eating: Bowl, Insulated mug, Spoon, Soap, Sponge, bag

Hygene: Toothbrush, Floss, Toothpaste, comb, Advil/daily vitamins, Chapstick, Insect Repellent, Suntan lotion, bag

Stuff: Towel, extra reading glasses, lighter, tiny knife, maps and compass

All of these get use on almost every trip

	Gram	Pounds
Toiletry Bag	180	0.40
Eating (Bowl, Cup, +)	283	0.62
Total	463	1.02



Electronic Stuff



- Rechargeable Flashlight
- Satellite modem
- The "brick" is the elephant in the bag ... almost 1 pound!!
- Why not solar power????

	Gram	Pounds
Flashlight (usb rechargable)	35	0.08
Headphone (USB rechargeable)	11	0.02
Satellite receiver/ transmitter	125	0.28
Wires	58	0.13
Battery Brick	413	0.91
Total	642	1.42

Power Solar vs Brick

Power Use:

- iPhone 20% per day or {20% times 2,800mAH} = 560mAH / day
- Garmin Fenix 3 50% per day or {50% times 380mAH} = 200mAH / day
- Fujifilm X-T2 15% per day or {15% times 2,000mAH} = 300mAH / day
- HeadLight 10% per day
- Earphone 10% per day
- Total of 1.4 AH/day to meet my needs
 - 7 days = 10AH

 Bottom Line: Brick slightly heavier and much more convenient.



Solar takes about 2 hours direct sunlight to achieve about 1.2AH
Weight (including small battery): **0.88** pounds



Brick holds about 14AH Weight: **0.91** pounds

Communication

- NEED to send "all OK" message once a day
 - Spousal unit requires it
- Emergency communication
- Satellite only way
- InReach (low orbit sat) vsSatPaq (geosynchronous sat)
 - ► Same weight (0.25 pounds)
 - SatPaq instant feedback / faster send
 - SatPag cheaper / no monthly



slido.com #HPA



Camera & Accessories



- Fujifilm X-T2 Mirrorless APS-C sensor 24Mpel
 - Spare battery (about 4 days/battery can be recharged)
 - Polarized filter
 - Mini-tripod

FujiFilm Camera	Gram	Pounds
Camera with Lens	1014	2.24
Battery	46	0.10
Filter	48	0.11
Tripod	63	0.14
Total	1171	2.58



Bears



- Rules for most remote areas require the use of a Bear Canister
 - ► VERY heavy, hard to pack, **GOOD CHAIR!**
- Bears can't open these.
- I have seen bears in the wild
 - Swimming nearby, eating berries, walking around

	Gram	Pounds
Bear Canister	1155	2.55

Cooking (Common Gear - split with 3-4 people)



- Isobutane stove and canisters
 - ► 0.75 oz / person / day
 - ► 0.75 *3 *8 = 18 oz
- Pots / cozy / lids / common cooking gear

Common Gear	Gram	Pounds
Group Water Filter and bags	431	0.95
Stove	295	0.65
Extra dirty water bag	106	0.23
Spare Stove	110	0.24
Medical Kit	250	0.55
2 pots and cozy	352	0.78
Tops	80	0.18
Etc. cooking stuff	163	0.36
Isobutane (8 days/4 people) 16oz two cans	784	1.73
Total	2571	5.68
Split 4 people - per person	642.75	1.42



Food

- Dinners: Soup and Entree (dehydrated)
- Breakfast: Muesli or Oatmeal w/ powdered whole milk (and Coffee)
- Lunch: Mixed nuts, jelly beans, jerky (and water flavoring)
- Dinner snacks: Chocolate

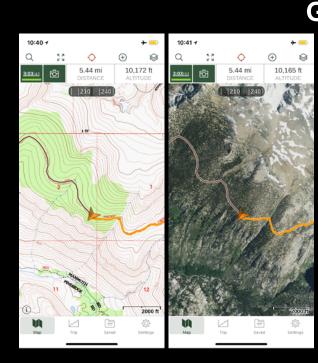
Night	Soup	Entree
1	Sweet corn chowder	Mushroom burgundy with potato
2	Tortilla	Pulled pork with grits
3	Split pea	Arrabiata Marinara with veggies with quinoa
4	Curry Lentil/Corn Chowder	Stacked Enchiladas
5	Curry Lentil	Mushroom stroganoff with rice
6	Sweet corn chowder	Minestrone soup with potato
7	Curry Lentil/Split Pea	Pulled pork with grits
8	Split pea/Corn Chowder	Veg Chili

	Gram	Pounds
Breakfast	100	0.22
Lunch	145	0.32
Snacks/chocolate, coffee, lemonade, creamer	35	0.08
Main Meal / person	160	0.35
Per person/per day	440	0.97
8 days Total per person:	3520	7.77

Total Weight							
	Gram	Pounds					
Clothing in Backpack	1814	4.00					
Backpack	1724	3.81					
Tent	1259	2.78					
Sleeping Bag and Air Mattress	1762	3.89					
Personal Water Supplies	303	0.67					
TP Care	111	0.25					
Eating utensils and toiletry	463	1.02					
Non-Electronic Hardware	406	0.90					
Electronics	642	1.42					
Camera	1171	2.58					
Total	9655	21.31					
Bear Canister	1155	2.55					
Subtotal Fixed:	10810	23.86					
Cuerin Cook	0.40	1 10					
Group Gear	643	1.42					
Food (8 days)	3520	7.77					
Water (2 liters)	0000	4.40					
water (2 liters)	2000	4.42					
On Book of stort	10070	07.47					
On Back at start:	16973	37.47					

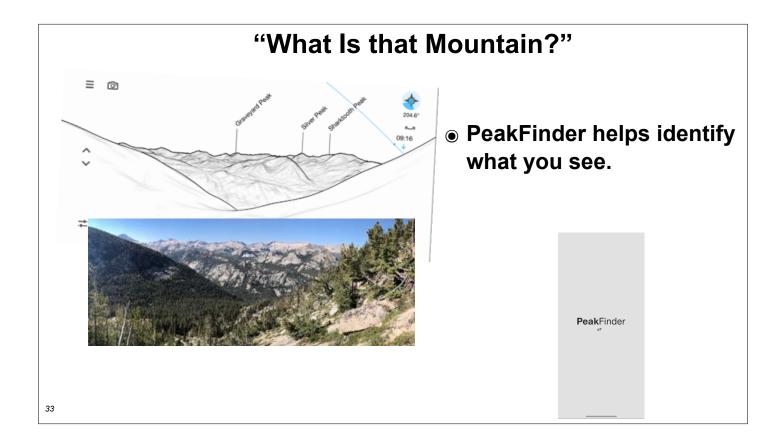






Gaia GPS

- Off grid access to many maps: USGS, Satellite,
- Can make real-time decisions on route
- (Recording of tracks my obsession)







- Fujifilm X-T2 Mirrorless APS-C sensor 24Mpel
- **●18-135mm lens**

Camera

- Must have quick access to exposure controls, zoom, focus control, manual control
- Must have sharp lens
- · Must have good battery life
- Most pictures taken wide angle



Why not an iPhone???

Why Not an iPhone?

- If you are taking "easy" photos outdoor, lots of light, good contrast - iPhone does a very good job
- When the conditions are hard (like night photography), the iPhone fails
- BUT the iPhone saves about 3 pounds of weight…
- Here are some examples of "easy" photos...













What It Takes for a Good Backpack Photo?

- Composition, composition, composition
 - Sometimes a composition can't be supported by a particular camera or lens
- •Unsettled Weather is the BEST clouds!
- •Wide views / people / water features
- •Look at edges lakes, mountains, trees





The photo that started it all for me... Sawtooth 2007

Camera Settings (Not easy to set on an iPhone)

Settings for digital cameras

- Fixed shutter (my go-to is 1/300sec), let the iso and aperture float!
- ► Bracket (±2 stops) if tough to get right exposure
- Zoom / focus / frame for composition





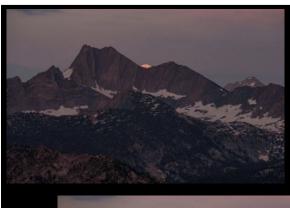












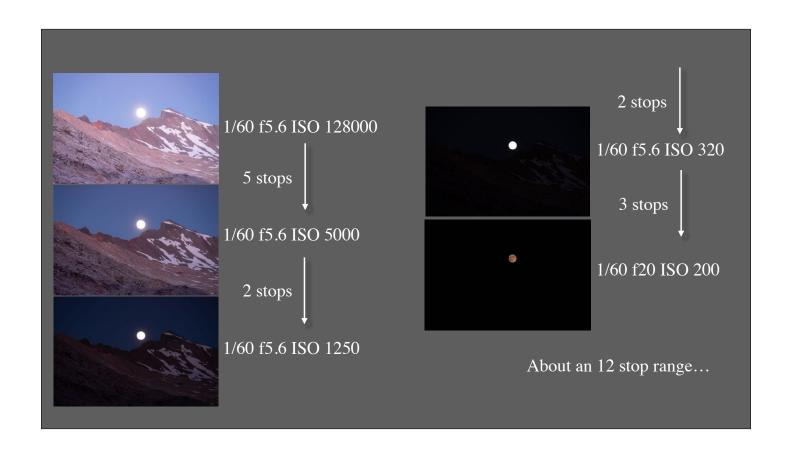
Moon Shots

- Best at moonrise/set
- Reflected light from moon is VERY bright compared to night
- iPhone will fail

















Workflow



Import into Lightroom

- 1. Rename [GAP20190214 Palm Springs 1000]
- 2. Add Pierce© metadata
- 3. Convert to Adobe Raw •DNG
- 4. Store in 2019 folder (DNG versions, stored by date)



- 1. Look at pictures, rate interesting picts "1"
- 2. Combine panoramic picts
- 3. Do simple cropping / color correction
- 4. Create "Collection" for this event
- 5. Rate better pictures from 2-5 starts
- 6. Export (with watermark including date) for sharing



Special Cases only - Photoshop!



Sometimes there's no place / time to set up a tripod



















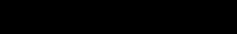
Access to EVERY photo and social media feed

Laptop

- Access to current photos and best of

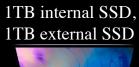
Phone/Tablet

- Lightroom best-of-pictures
- Personal Website



Access To Photos







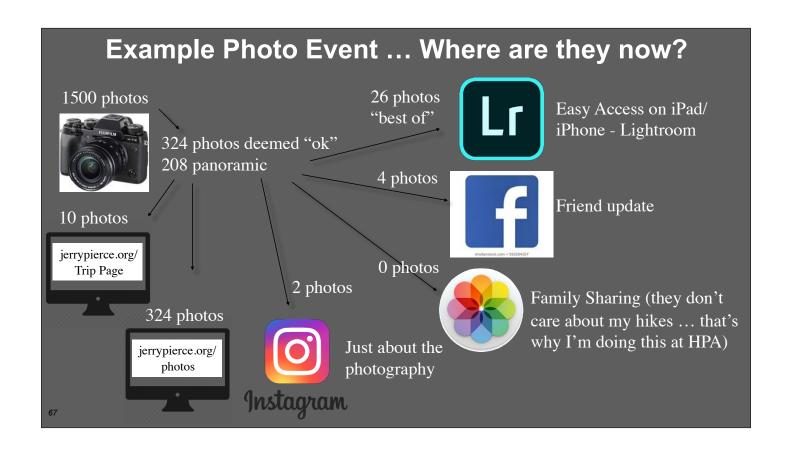


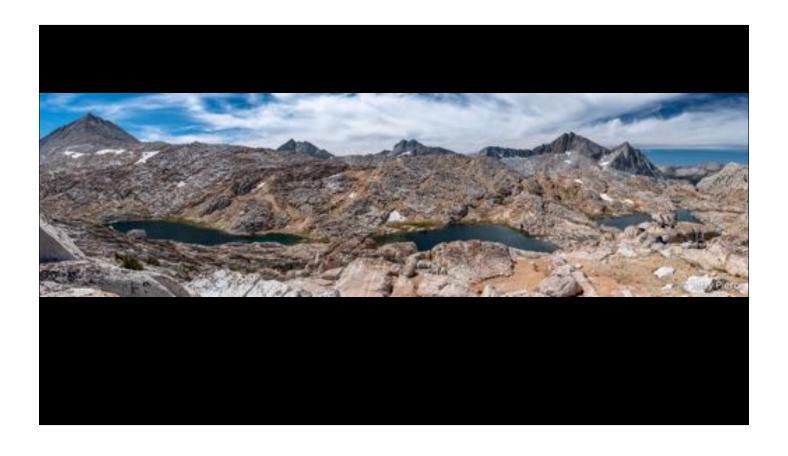


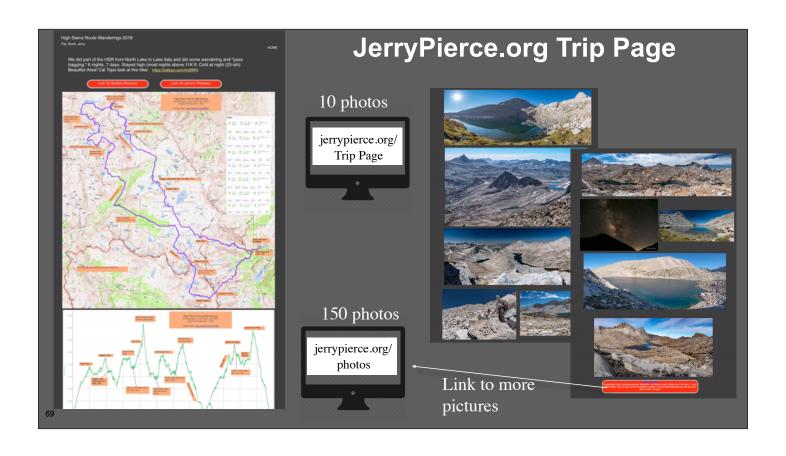


File Organization

Name	∨ Date Modified	Size	Kind	
₩ Photographs	Feb 15, 2018 at 7:52 PM	3.9 TB	Folder	
▼ = • z in process - real one on computer	Today at 7:04 AM	531.92 G8	Folder	
 Photo Sync 2018.photoslibrary 	Jul 14, 2018 at 10:24 AM	590.8 MB	Photos Library	
<2019 Pierce Photos	Yesterday at 8:24 AM	528.7 MB	Folder	
► 2018 Pierce Photos	Jan 2, 2019 at 6:39 AM	228.16 GB	Folder	
 =0000 Pierce Best Collection 	Jan 2, 2019 at 6:41 AM	32.91 GB	Folder	
 O000 Best Full Resolution Photos 	Dec 14, 2018 at 5:37 PM	31.02 GB	Folder	
▶ ip best photos	Aug 30, 2017 at 2:10 PM	455.2 MB	Folder	
▼ Lightroom Photo Albums (Archive)	Today at 7:04 AM	3.26 TB	Folder	
 2018 South America Selected 	Dec 14, 2018 at 4:01 PM	50.77 GB	Folder	
► 2018 SHR Wandering	Jan 11, 2019 at 4:32 PM	100.12 68	Folder	
 2018 Parks and Reck 	Mar 6, 2018 at 12:16 PM	1.76 GB	Folder	
► 2018 Machu Pichu	Dec 14, 2018 at 3:53 PM	69.17 08	Folder	
 2018 Kennedy Grand Carryon 	Dec 14, 2018 at 3:45 PM	140.01 GB	Folder	
► 2018 John Muir Trail	Dec 14, 2018 at 3:48 PM	92.17 08	Folder	
► 2018 Galapagos	Dec 14, 2018 at 4:00 PM	41.7 GB	Folder	
► 2018 Amazon	Dec 14, 2018 at 3:51 PM	48.6 GB	Folder	











Goals?



- Interesting?Learned things you will never use?Typical Tech Retreat...



